



# PHILIPPINE STAKEHOLDERS FOR NUTRITION AND DIETETICS (PSND), INC.

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## 2025 PSND Convention

### PSND SHINES:

Sustainable Health through Innovations in Nutrition and Empowerment of Stakeholders

**Date:** September 3 (Wednesday) & 4 (Thursday), 2025

**Time:** 8:00 am to 5:00 pm (Philippine Standard Time)

**Venue:** Umali Auditorium, Southeast Asian Regional Center for Graduate Study and Research in Agriculture (SEARCA), UP Los Baños, Laguna

### CONCEPT NOTE

Given the recent advancements, the Philippines continues to face significant nutritional challenges, such as high rates of malnutrition, food insecurity, and diet-related non-communicable diseases. Addressing these issues requires innovative solutions that leverage advancements in nutrition science, technology, and sustainable practices. Innovations in nutrition hold the key to addressing many of the health challenges we face today. It is essential to continually reassess and refine our nutrition practices to keep pace with evolving scientific advancements and emerging health trends. This ongoing evaluation ensures that our approaches remain effective, beneficial, and responsive to the dynamic needs of the population. By adopting modern and evidence-based approaches, we can improve health outcomes and enhance the well-being of the population.

Revolutionizing our approach to health and nutrition by integrating cutting-edge innovations through evidence-based researches and technologies. These advancements provide sustainable solutions that not only benefit overall health and well-being of an individual but also play a pivotal role in enhancing economic productivity and fostering nation-building. By prioritizing nutrition, we can create a healthier, more productive

population that drives economic growth and supports the development of a robust and resilient nation.

On the other hand, empowering stakeholders is crucial in addressing nutritional challenges effectively. Stakeholders, including government agencies, non-governmental organizations, community leaders, healthcare providers, and the private sector, play a vital role in shaping and implementing nutrition policies and programs. By empowering stakeholders, we can ensure a collaborative and comprehensive approach to improving nutritional outcomes.

Aligned with the above premises, the Philippine Stakeholders for Nutrition and Dietetics (PSND), Inc. is organizing its annual convention entitled, **PSND SHINES: Sustainable Health through Innovations Nutrition and Empowerment of Stakeholders** on September 3 and 4, 2025 at the Umali Auditorium of the Southeast Asian Regional Center for Graduate Study and Research in Agriculture (SEARCA), UP Los Baños, Laguna.

This year's convention aims to gather key stakeholders to share evidence-based and cost-effective nutrition innovation initiatives. The event will serve as a platform for experts and practitioners to present their latest research findings, successful case studies, and innovative approaches to improving nutrition. By showcasing these initiatives, the convention seeks to highlight practical solutions that can be implemented to address nutritional challenges effectively.

Additionally, the convention will foster collaboration among various sectors, including governments, civil society organizations, academic institutions, and private sector entities. This collaborative effort is essential for scaling innovative nutrition solutions and ensuring their widespread adoption.

Through these partnerships, the convention aims to create a robust network of empowered stakeholders committed to improving nutrition. By working together, we can develop and implement strategies that are not only effective but also sustainable and inclusive, ultimately leading to better health outcomes and enhanced well-being for all.

# 2025 PSND, Inc. Convention Brief

Day 1: September 3, 2025 (Wednesday) – 8:00 AM to 5:00 PM

TIME	SESSION			
8:00 - 8:30 AM	Registration			
8:30 – 8:40 AM	Preliminaries Doxology National Anthem			
8:40 – 8:50 AM	Welcome Remarks			
8:50 – 9:10 AM	Opening Remarks			
9:10 - 9:30 AM	Keynote Address			
Technical Session 1				
<b>REALITIES OF HEALTH AND NUTRITION SITUATION IN THE PHILIPPINES</b>				
9:30 – 9:50 AM	1. SDG 2030: The Final Stretch, Accelerating Progress on Nutrition for Sustainable Development	<p><i>The health and nutrition situation in the Philippines shows progress but still faces challenges when compared to the Sustainable Development Goals (SDGs), particularly on Goals 2 (Zero Hunger) and 3 (Good Health and Well-Being).</i></p>		
9:50 – 10:10 AM	2. Enhanced Partnership Against Hunger and Poverty: Milestones and Road Ahead			
10:10 – 10:25 AM	Heath Break / AM Snack			
10:25 – 10:45 AM	3. Philippine Multisectoral Nutrition Program (PMNP) Roadmap - Progress, Challenges & Future Directions			
10:45 – 11:05 AM	4. The Role of LGUs in Nourishing the Future: Seal of Good Local Governance a Continuing Commitment for LGUs			
11:05 – 11:20 AM	Panel Discussion			
11:20 – 12:00 NN	<b>LUNCH SYMPOSIUM No. 1</b>			
12:00 NN – 1:00 PM	Lunch Break Simultaneously Student Poster Viewing Session			
Technical Session 2				
<b>INNOVATIVE APPROACHES TO SUSTAINABLE NUTRITION AND FOOD SECURITY</b>				
1:00 – 1:20 PM	1. Enhancing Food Production through Research and Innovative Technologies	<i>Ensuring sustainable nutrition and food security is a critical global challenge that requires innovative solutions.</i>		

1:20 – 1:40 PM	<b>2. Walang Gutom Kitchen – Private Sector's support in the Anti-Hunger Initiative of Government</b>	<i>Technology-driven solutions enable better management of resources and more effective responses to food security challenges.</i>
1:40 – 2:00 PM	<b>3. Integrating Urban Farming within the Hospital Premises</b>	
2:00 – 2:20 PM	<b>4. The Potential of Novel Foods in Addressing Food Security in the Philippines</b>	
2:20 – 2:35 PM	Panel Discussion	
2:35 – 2:50 PM	Health break	
<b>Technical Session 3</b> <b>NUTRITION INNOVATIONS THROUGH DIGITAL TECHNOLOGY</b>		
2:50 – 3:10 PM	1. Enhancing Patient Care and Healthcare Delivery through Digital Health & Nutrition Solutions	<i>Digital technology is revolutionizing the field of nutrition, offering innovative solutions to enhance food security, and personalizing dietary choices, enhance patient care and improve overall health. It is a valuable tool for transforming food systems and improving nutrition</i>
3:10 – 3:30 PM	2. To be confirmed	
3:30 – 3:50 PM	3. E-Governance in Local Development: Importance of Accurate, Reliable, and Easily Retrievable Data for Nutrition Program Planning and Implementation	
3:50 – 4:05 PM	Panel Discussion	
4:05 PM onwards	<b>Learning Experience/Fellowship/Networking Hour</b>	

## Day 2: September 4, 2025 (Thursday) – 8am to 5pm

TIME	SESSION	
8:00 - 8:30 AM	Registration	
8:30 – 8:45 AM	Day 2 - Opening Activity	
8:45 – 9:00 AM	Recap of Day 1	
<b>Technical Session 4</b> <b>NUTRITION TRENDS AND INNOVATIONS</b>		
9:00 – 9:20 AM	1. Low GI Rice: A scientific breakthrough in Diabetes Management	<i>The field of nutrition is constantly evolving, with new trends emerging to</i>

9:20 – 9:40 AM	2.	<p><i>address health, sustainability, and personalized dietary needs. Sustainable nutrition focuses on eating practices that support both personal health and environmental well-being.</i></p>		
9:40 – 10:00 AM	3. Advocating for Better Health and Nutrition Outcomes through Social Behavior Change			
10:00 – 10:15 AM	Panel Discussion			
10:15 – 10:30 AM	Heath Break / AM Snack			
<b>Technical Session 5</b>				
<b>ND DELIVERS: NUTRITION RESEARCH AND DEVELOPMENT</b>				
10:30 – 10:50 AM	1. Assessment of Nutritional Quality of Plant-based Meat Alternatives Sold in the Philippines	<p><i>Nutrition research and development (R&amp;D) is a dynamic field that focuses on understanding the relationship between diet, health, and disease, and developing innovative solutions to improve nutritional outcomes.</i></p>		
10:50 – 11:10 AM	2. NutriPoliCities Study: Mapping of Existing Nutrition and Food System Policies and Action Plans in Secondary Cities in Bangladesh, Kenya, Rwanda and the Philippines			
11:10 – 11:25 AM	Panel Discussion			
11:25 – 12:00 NN	<b>LUNCH SYMPOSIUM No. 2</b>			
12:00 NN – 1:00 PM	Lunch Break Simultaneously Student Poster Viewing Session			
<b>Technical Session 6</b>				
<b>EMPOWERING STAKEHOLDERS AND STRENGTHENING MULTI-SECTORAL COLLABORATIONS FOR NUTRITION</b>				
1:00 – 1:20 PM	1. Private Sector 's Initiatives and Collaboration in Promoting Holistic Nutrition	<p><i>Empowering stakeholders involves engaging diverse groups, including government agencies, civil society organizations, private sector entities, and community members, in the nutrition agenda.</i></p>		
1:20 – 1:40 PM	2. Clinical Nutrition Education: The Role of Graduate Program in Driving Innovation and Sustainability			
1:40 – 2:00 PM	3. The Vital Role of State Universities and Colleges (SUCs) in Advancing Nutrition Promotion and Development			
2:00 – 2:20 PM	4. Creating Healthy Food Choices - Championing Filipino Creativity			

	through Ingredients, Flavors, and Artisan Practices	
2:20 – 2:35 PM	Panel Discussion	
2:35 – 2:55 PM	Heath Break / PM Snack	
2:55 – 3:15 PM	<p style="text-align: center;"><b>Technical Session 7</b></p> <p style="text-align: center;"><b>ND INSPIRES: CONNECT, INSPIRE &amp; COLLABORATE THROUGH INNOVATIONS</b></p> <p style="text-align: center;"><i>Enhancing the skills, knowledge, and competencies of individuals within the Nutrition-Dietetics profession and organization</i></p>	
3:20 – 3:40 PM	Ceremonial signing of Memorandum of Agreement	
3:40 – 4:00 PM	PSND General Assembly	
4:00 – 4:15 PM	Overall Synthesis	
4:15 – 4:30 PM	Closing Ceremony	

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